



## Breakfast at May River Menu Sample Menu

### Day One: Rise and Shine. "Low Country Fall Classics"

#### 1st Course:

**Smoothie: "Get Your Glow On":** blended peachy, melon, and mango, for glowing youthful beauty

#### Bread Course

**Pumpkin Streusel Muffin: "Iced and Spiced":** warm, moist pumpkin muffins that are full of heady pumpkin pie spices, maple-iced, and spiced with pecan streusel topping brown sugar and everything nice.

#### Breakfast Entree

**Carolina Rice Grits, "Bowl of Soul":** rice grits, greens and beans with 2 poached eggs. Garnished with chopped applewood smoked bacon. Side of cheddar cheese, scallion, and house hot butter sauce.

### Day Two: Heavenly Harvest, "Celebrating our Culinary Landscape"

#### 1st Course

**Rainbow Fruit Bowl:** a seasonal blend of tart kiwis, sweet honeydew, and juicy cantaloupe drizzled with a honey yogurt sauce. Each bite transports you to warmer days filled with sunshine and leisurely afternoons.

#### Bread Course

**Toast:** featuring our local Artisan Bakers Breads in a variety of the most tempting flavors and textures. Sliced, and grilled, served with a "Low Country Trilogy" of whipped Mountain Butter, Blueridge Berry Jam, and Pimento Cheese.

#### Breakfast Entree

**Harvest Hash Frittata:** celebrate our culinary landscape with this seasonally inspired, local blend of herb-roasted potatoes, pumpkin, peppers, and sweet onion. Farm fresh eggs and cream cheese. Served with Applewood smoked bacon (or shaved heritage ham) and dressed field greens.

### Day Three "May River Manor, Desayuno"

#### 1st Course

**Fresh Squeezed Orange Juice**

#### Bread Course

**Mexican Chocolate-Banana Scone:** slathered in "Ibarra Chocolate Glaze", topped in whipped mountain butter and an espresso-mascarpone cream. Dusted in Mexican chocolate.

#### Breakfast Entree

**Superfood Overnight Oat's:** smothered with a blend of seasonal fruit, banana', and almond butter. Dusted in ground flax, coconut, and chia seeds. Side of candied pecans, and a "Hot Horchata Shooter" of iced, unsweet vanilla rice milk, tupelo honey, chai.

**Side** shaved turkey or ham, or chicken, apple sausage links.